



Tick Disease Prevention On The Farm

**PROTECT.
CHECK.
REMOVE.**

Health.pa.gov/ticks

Ticks can live on your farm.



Ticks live in grasses, brush, or wooded areas including orchards, wood piles, stone walls, wooded edges of pastures, and on livestock.

Daily tick bite prevention

Spray exposed skin with an EPA-registered **insect repellent**. Look for ingredients like DEET, picaridin, oil of lemon eucalyptus, or IR3535.

Use lasting treatment

Purchase pretreated items such as socks, belts, and hats. Treat boots and clothing with **permethrin**, and follow bottle directions.



Seal Your Pants and Sleeves

Use arm gaiters and gloves when putting arms in brush or hay and **tick gaiters** for your boots or shoes.



Check for ticks everywhere, especially:

After Work:

Closely check gear and clothing for ticks.

Shower and use a mirror to check your body for ticks.

Tumble dry clothes in a dryer on high heat for 10 minutes to kill ticks..

In and around your hair

In and around your ears

Under your arms

Around your waist

Inside your belly button

Back of your knees

Between your legs



Pennsylvania
Department of Health